

DRESS CODE 2023-2024

All Students are Required to Follow the AABD Dress Code

Leap 'N Learn (ages 3-4)

• Ladies Ballet:

- **Leotard:** Girls Short Sleeve Dance Dress (purchased from AABD - one Leotard is included with registration)
- **Tights:** Bloch Style # T0981G in Pink or skin tone tights.
- **Ballet Shoes:** Pink leather or skin tone ballet slippers (if wearing skin tone tights)
- **Hair:** Hair must be pulled back off the face in a ballet bun or secured completely to the head

• Gentlemen Ballet:

- **Shirt:** Crew Neck Shirt Short Sleeve Dance Top – Body Wrappers Style B190 or B400 white fitted t-shirt (one Shirt is included with registration)
- **Tights:** Body Wrappers Style B90 black tights or fitted bike shorts
- **Socks:** Black socks
- **Shoes:** Black ballet shoes

Grades K – 1st

• Ladies Ballet:

- **Leotard:** Uniform Leotard – (purchased from AABD - one Leotard is included with registration)
- **Tights:** Body Wrappers Style C45 Back Seam Convertible Foot Mesh (Theatrical Pink) or skin tone tights
- **Shoes:** Pink split-sole leather or skin tone (if wearing skin tone tights) No canvas shoes.
- **Hair:** Hair must be pulled back in a ballet bun or secured completely to the head

• Gentlemen Ballet:

- **Shirt:** Crew Neck Shirt Short Sleeve Dance Top – Body Wrappers Style B190 or B400 white fitted t-shirt (one Shirt is included with registration)
- **Tights:** Body Wrappers Style B90 black tights
- **Dance belt:** Dance belt
- **Shoes:** Black canvas ballet shoes

• Ladies Jazz/Tap:

- **Leotard:** Uniform Leotard
- **Tights:** Body Wrappers Style C45 Back Seam Convertible Foot Mesh (Theatrical Pink) or skin tone or black convertible tights
- **Jazz Shoes:** Black slip-on jazz shoes
- **Tap Shoes:** Black lace up style tap shoes

• Gentlemen Jazz/Tap:

- **Shirt:** Solid colored T-shirt
- **Tights:** Convertible black tights or black jazz pants
- **Dance Belt:** Dance belt
- **Jazz Shoes:** Black slip-on jazz shoes
- **Tap Shoes:** Black lace up style tap shoes

• Hip Hop All:

- Sweatpants or shorts, leotard or t-shirt, and non-marking tennis shoes without a black sole. Shoes may **not** be worn outside as street shoes and must only be used for dance inside!

Grades 2nd – 3rd

● **Ladies Ballet:**

- **Leotard:** Uniform Leotard - (purchased from AABD - one Leotard is included with registration)
- **Tights:** Body Wrappers Style C45 or A45 Back Seam Convertible Foot Mesh (Theatrical Pink) or skin tone tights
- **Shoes:** Pink split-sole leather or skin tone (if wearing skin tone tights) No canvas shoes.
- **Hair:** Hair must be pulled back in a ballet bun or secured completely to the head

● **Gentlemen Ballet:**

- **Shirt:** Crew Neck Shirt Short Sleeve Dance Top – Body Wrappers Style B190 or B400 white fitted t-shirt (one Shirt is included with registration)
- **Tights:** Body Wrappers Style B90 or M90 black tights
- **Dance belt:** Dance belt
- **Shoes:** Black canvas ballet shoes

● **Ladies Jazz/Tap/Contemporary:**

- **Leotard:** Any solid color leotard without embellishments
- **Tights:** Body Wrappers Style C45 or A45 Back Seam Convertible Foot Mesh (Theatrical Pink) or skin tone tights, or black convertible or footless tights (black tights worn over leotard)
- **Jazz Shoes:** Black slip-on jazz shoes
- **Tap Shoes:** Black lace up style tap shoes
- **Contemporary:** Barefoot

● **Gentlemen Jazz/Tap:**

- **Shirt:** Solid colored T-shirt
- **Pants:** Black jazz pants
- **Dance Belt:** Dance belt
- **Jazz Shoes:** Black slip-on jazz shoes
- **Tap Shoes:** Black lace up style tap shoes

● **Hip Hop All:**

- Sweatpants or shorts, leotard or t-shirt, and non-marking tennis shoes without a black sole. Shoes may **not** be worn outside as street shoes and must only be used for dance inside

Grades 4th – 5th

● **Ladies Ballet:**

- **Leotard:** Uniform Leotard - (purchased from AABD - one Leotard is included with registration)
- **Tights:** Body Wrappers Style C45 or A45 Back Seam Convertible Foot Mesh (Theatrical Pink) or skin tone tights
- **Shoes:** Pink split-sole leather or skin tone (if wearing skin tone tights) No canvas shoes.
- **Hair:** Hair must be pulled back in a ballet bun or secured completely to the head

● **Gentlemen Ballet:**

- **Shirt:** Crew Neck Shirt Short Sleeve Dance Top – Body Wrappers Style B190 or B400 white fitted t-shirt (one Shirt is included with registration)
- **Tights:** Body Wrappers Style B90 or M90 black tights
- **Dance belt:** Dance belt
- **Shoes:** Black canvas ballet shoes

● **Ladies Musical Theater/Jazz/Tap:**

- **Leotard:** Any solid color leotard without embellishments
- **Tights:** Body Wrappers Style C45 or A45 Back Seam Convertible Foot Mesh (Theatrical Pink) tights, or skin tone or black convertible or footless tights (black tights worn over leotard)
- **Musical Theater/Jazz Shoes:** Black slip-on jazz shoes
- **Tap Shoes:** Black lace up style tap shoes

- **Gentlemen Musical Theater/Jazz/Tap:**
 - **Shirt:** Solid colored T-shirt
 - **Pants:** Black jazz pants
 - **Dance Belt:** Dance belt
 - **Musical Theater/Jazz Shoes:** Black slip-on jazz shoes
 - **Tap Shoes:** Black lace up style tap shoes
- **Contemporary All:**
 - **Leotard:** Uniform Leotard or boys shirt
 - **Tights:** Body Wrappers Style C45 or A45 Back Seam Convertible Foot Mesh Theatrical Pink, skin tone tights, or black convertible or footless tights, black tights gentlemen
 - Barefoot
- **Hip Hop All:**
 - Sweatpants or shorts, leotard or t-shirt, and non-marking tennis shoes without a black sole. Shoes may **not** be worn outside as street shoes and must only be used for dance inside!

Grades 6th – 12th

- **Ladies Ballet:**
 - **Leotard:** Uniform Leotard – (one Leotard is included with registration-additional leotards From Dancemax)
 - **Tights:** Body Wrappers Style C45 or A45 Back Seam Convertible Foot Mesh (Theatrical Pink) or skin tone tights
 - **Shoes:** Pink split-sole leather or skin tone (if wearing skin tone tights) and pointe shoes for those approved for Beginning Pointe or Pointe. Pre-pointe is done barefoot.
 - **Hair:** Hair must be pulled back in a ballet bun or secured completely to the head
- **Gentlemen Ballet:**
 - **Shirt:** Crew Neck Shirt Short Sleeve Dance Top – Body Wrappers Style B190 or B400 white fitted t-shirt (one Shirt is included with registration)
 - **Tights:** Body Wrappers Style B90 or M90 black tights
 - **Dance belt:** Dance belt
 - **Shoes:** Black canvas ballet shoes
- **Ladies Musical Theater/Jazz/Tap:**
 - **Leotard:** Solid colored plain leotard (no halters, zippers, or adornments)
 - **Tights:** Body Wrappers Style C45 or A45 Back Seam Convertible Foot Mesh (Theatrical Pink) or skin tone tights, or black convertible or footless tights (black tights worn over leotard)
 - **Musical Theater/Jazz Shoes:** Tan Character shoes (1.5" heels for younger dancers, 2.0" heels for older dancers)
 - **Tap Shoes:** Black lace up style tap shoes
- **Gentlemen Musical Theater/Jazz/Tap:**
 - **Shirt:** Solid colored T-shirt
 - **Pants:** Black jazz pants
 - **Dance Belt:** Dance belt
 - **Musical Theater/Jazz Shoes:** Black slip-on jazz shoes
 - **Tap Shoes:** Black lace up style tap shoes
- **Ladies Contemporary/Lyrical:**
 - **Leotard:** Solid color leotard (no halters, zippers, or adornments)
 - **Tights:** Body Wrappers Style C45 or A45 Back Seam Convertible Foot Mesh (Theatrical Pink) or skin tone tights, or black convertible or footless tights (black tights worn over leotard)
 - **Shoes:** Barefoot
- **Gentlemen Contemporary/Lyrical:**
 - **Shirt:** Solid colored T-shirt
 - **Tights:** Black convertible tights
 - **Dance belt:** Dance belt
 - **Shoes:** Barefoot

- **Hip Hop All:**
 - Sweatpants or shorts, leotard or t-shirt, and non-marking tennis shoes without a black sole. Shoes may **not** be worn outside as street shoes and must only be used for dance inside!
- **Progressing Ballet Technique Classes All:**
 - **Leotard:** solid colored leotard
 - **Pants:** Yoga, jazz pants, leggings, or tights
 - **Shoes:** Barefoot
 - **Equipment:** Theraband and non-weighted, size appropriate exercise ball

ADDITIONAL DRESS CODE NOTES FOR ALL:

- Hair must be pulled back in a bun (with matching hair net, no bun covers) bangs secured off the face for Ballet. Ponytails are allowed in other genres (NOT BALLET) but can be dangerous if hair whips in the face. Please make sure all hair décor is securely fastened to the head.
- No jewelry, stud earrings only.
- Students must put their names on all dance wear and shoes.
- Cover-ups are to be worn outside the studio, please do not come in just your dance clothes and NEVER wear your dance shoes outside!
- Solid color leotard (no halters, zippers, or adornments) may be worn on Saturdays for Grades 6 and above.
- Studio Hip Hop Shoes may NOT be worn outside and No black soles as they leave marks on the dance floors.